

## **PACK** **TO** **THE FUTURE**

Hello PACK Members!

Your club is officially invited to Pennsylvania Circle K's annual fall District Large Scale Service Project, InterPACK. Come join Circle K members from across the state of Pennsylvania as well as guests from the K-Family for a weekend of service, team building, and making friends.

We will be meeting this year at a new location with a new objective. We are going to be at Camp Manatawny in Douglassville, Pennsylvania (near Reading) during the weekend of October 22. We have repurposed the event into a District-Wide Service Project. The PACK will be doing everything from roofing to painting at Camp Manatawny, so be prepared to serve alongside your Circle K family. The theme for the weekend is the future, seeing as we are all working toward a better one. So break out your best Jetsons costume and get ready for a fun-filled weekend!

While service is only a part of being a member of Circle K, we will also work on team building with on the job training while working with your peers to get a job done, as well as building lasting friendships along the way. Besides service, we will also be doing ice breakers, having bonfires, playing games, and having a District Board Pie in the Face event.

With the timing of InterPACK, we ask you to prepare for the unpredictable weather of PA in October. The cabins are not heated, so remember a sleeping bag to keep you warm. We will also be doing service that could potentially get messy, so bring clothes that you can get dirty.

The registration packet includes the official club registration form, the code of conduct, medical form, tentative weekend schedule, and a packing list. Please distribute all forms to members, and remember that each attendee must have a completed medical form and code of conduct form.

Please return registration forms by **October 1st**, and then I will see everyone on October 22 for InterPACK. We ask you to show up between 6:30pm and 8:00pm on Friday so we can get everyone situated for a packed weekend of fun and service. If you have any questions, please feel free to contact me at [packspecialevent@gmail.com](mailto:packspecialevent@gmail.com), and I will try my best to answer your questions. Hope to see you all there!

Sincerely,

Jeff Herman  
Special Events Chair



## **INTERPACK 2010 REGISTRATION PACKET**

### **CODE OF CONDUCT**

The 2010-2011 Pennsylvania District Circle K Board of officers hopes that all attendees will have an amazing time at InterPACK. To ensure the comfort and safety of all individuals in attendance, the following code of conduct has been established for all participants to follow:

1. No drugs of any nature, with the exception of over-the-counter or prescription medicine will be permitted in the possession of anyone attending expedition: service. [\*please note any medication you bring on your medical form]
2. Absolutely no alcohol will be permitted at any time; it is against Circle K International Policy.
3. No smoking will be permitted at any general sessions, workshops, in the cabins, or in other buildings on the campground. Please respect the camp's policies if you choose to smoke outside and be courteous enough to dispose of everything in a designated container.
4. Although there is no curfew, you must respect the wishes of fellow campers throughout the entire weekend.
5. Care must be taken not to destroy or deface any property. Any damages will be paid for by those responsible.
6. Take care to remember that we are representatives of our schools, Pennsylvania Circle K, and Circle K International. We have been graciously permitted to use the camp by our host facility, and may meet the facility managers, always be courteous, cooperative, and kind.

Each participant must respect the authority of the District board, our Kiwanis committee, and all camp employees. Infractions of the code of conduct should be reported to any district board member and appropriate actions will be taken.

**\*Disclaimer: by checking "yes" and initialing the registration form, you are agreeing that you have read and understand the code of conduct and hereby pledge to follow all of the said guidelines. Understand that if any of these rules are violated you may be subject to immediate dismissal without refund.**

## Circle K International Medical Information Form

A completed medical information form is required for all participants attending InterPACK 2010 and to be sent in with the registration form. Each attendee must complete one prior to check-in to the event.

Name \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_

Date of Birth \_\_\_/\_\_\_/\_\_\_ Age \_\_\_\_\_ Circle K Club \_\_\_\_\_

Person to be contacted in case of emergency \_\_\_\_\_

Relationship \_\_\_\_\_ Home phone (\_\_\_\_) \_\_\_\_\_ Work phone (\_\_\_\_) \_\_\_\_\_

Alternate Contact \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_

(Name) (Relationship)

(Phone)

Name of Doctor \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_

(Phone)

Doctor's Address \_\_\_\_\_

Name of Health Insurance Co. \_\_\_\_\_ Policy Number \_\_\_\_\_

List any other pertinent information as shown on insurance card \_\_\_\_\_

List any medication you will be taking during the convention:

### Please answer yes or no to the following items:

1. Have you ever been treated for: (If currently being treated, please indicate)

- |                                  |                                           |
|----------------------------------|-------------------------------------------|
| A. Nervousness _____             | H. High Blood Pressure _____              |
| B. Any Mental Disorder _____     | I. Severe or Frequent Headaches _____     |
| C. Convulsions or Epilepsy _____ | J. Asthma _____                           |
| D. Fainting Spells _____         | K. Ulcers _____                           |
| E. Heart Condition _____         | L. Diabetes _____                         |
| F. Rheumatic Fever _____         | M. Allergic Reaction to Medication _____  |
| G. Cancer or Tumor _____         | N. Any Other Allergies or Illnesses _____ |

2. Do you have any other physical limitations? \_\_\_\_\_

3. Give details of "yes" answers to any of the questions above. Give dates of treatment and names and addresses of attending physicians, hospitals, and clinics. (Use the reverse side if necessary.)

### PLEASE READ CAREFULLY

I hereby certify that the information given above is correct. In case of medical emergency, I understand that every effort will be made to contact the person(s) designated above. In the event that the aforementioned contact person(s) cannot be reached or time does not permit, I hereby permit a licensed physician to provide proper treatment, including hospitalization, immunization or injection, anesthesia, or surgery.

Signature \_\_\_\_\_ Date \_\_\_\_\_



**INTERPACK 2018  
REGISTRATION PACKET**

**REGISTRATION FORM**

Circle K Club Name: \_\_\_\_\_

Club President's Name: \_\_\_\_\_

Club President's Phone #: \_\_\_\_\_

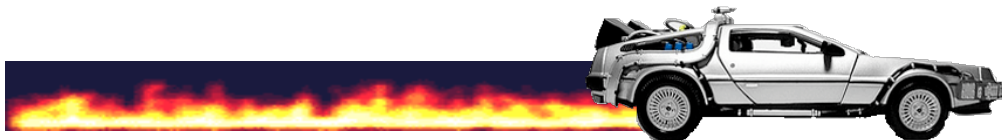
Club President's Email: \_\_\_\_\_

Total Number of Members Attending: \_\_\_\_\_

Total Number of Members Attending x \$35 \$\_\_\_\_\_ Total Enclosed.

	Name & Position	T-Shirt Size	Food/Other Allergies	I read the Code of Conduct (initial)	
EX	Dr. Emmett Brown	L	Peanuts, Vegan, etc.	X	EB
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

Registration forms need to be post marked by October 1  
If not, late-registration is \$38 and is due no later than October 8



## **INTERPACK 2018 REGISTRATION PACKET**

### **ONE DAY REGISTRATION FORM**

*(For those only interested in attending Saturday)*

Circle K Club Name: \_\_\_\_\_

Club President's Name: \_\_\_\_\_

Club President's Phone #: \_\_\_\_\_

Club President's Email: \_\_\_\_\_

Total Number of Members Attending: \_\_\_\_\_

Total Number of Members Attending x \$20 \$\_\_\_\_\_ Total Enclosed.

	<b>Name &amp; Position</b>	<b>T-Shirt Size</b>	<b>Food/Other Allergies</b>	<b>I read the Code of Conduct (initial)</b>	
EX	Dr. Emmett Brown	L	Peanuts, Vegan, etc.	X	EB
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

Registration forms need to be post marked by October 1  
If not, late-registration is **\$23** and is due no later than October 8



## **INTERPACK 2010 REGISTRATION PACKET**

### **PACKING LIST**

- Sleeping bag
- Pillow
- Old clothes & a pair of close-toed shoes  
We will be doing a lot of hands-on service, so bring some clothing that you will not mind getting filled with dirt and paint!
- Change for the Eliminate Project Penny War  
We will be pitting the divisions against each other to raise a little cash to help eliminate Maternal Neonatal Tetanus from the face of the globe! Join us by bringing your spare change to InterPACK.
- Money for PACK Cash Pie Auction  
In PACK tradition, the district board members will once again be put up for auction! Win your chance to pie your favorite (or least favorite) D-Board member in the face for a great cause.
- Warm clothes (hats, scarves, gloves, etc.)
- Sports equipment  
Camp Manatawny has a basketball court, baseball diamond, volleyball court,
- Toiletries
- Towels
- Camera
- Raingear
- Umbrella
- Prescription medicine
- Futuristic costume

**NOTE:** Because of the retreat being in mid-October and the nature of our service projects, please bring clothes that are warm, as well as enough clothes to change into after the large-scale service project.



## **INTERPACK 2018 REGISTRATION PACKET**

### **SCHEDULE**

#### **Friday (10/22)**

6:30 PM Check-in for all participants  
Hand out t-shirt  
Find out team  
Mingle

8:00 PM Board Welcome

8:05 PM Introduction of Board members  
Introduce other special guests (Out of state CK members, Key Clubbers, Kiwanis, etc.)

8:25 PM Overview of Schedule

8:40 PM Large Group Icebreaker

9:00 PM Each team will make a team cheer of some sort

9:15 PM Team cheers

9:30 PM Break up into teams and do icebreakers

11:00 PM Snacks, bonfire, and hanging out and bed whenever

#### **Saturday (10/23)**

8:00 AM Good morning everyone, time for breakfast!

9:00 AM Team cheer time

9:15 AM General overview of the day, introduction of any new guests, that sort of stuff

9:30 AM Volunteering

11:30 AM Lunch & Free Time

1:30 PM More volunteering

6:00 PM Finish volunteering get cleaned up

7:00 PM Dinner

8:30 PM Bonfire

9:45 PM Pie a district board member.

10:15 PM Dance

#### **Sunday (10/24)**

9:00 AM Breakfast

9:30 AM Wrap up everything

10:45 AM Clean cabins and drive safe!

11:15 AM Board meeting



**INTERPACK 2010  
REGISTRATION PACKET**

***PARTING WORDS AND DUE DATES***

I hope that all this talk about InterPACK is making you really want to go. I encourage everyone to try to make it and persuade your fellow members to go as this is a great opportunity to help you fully get to experience being a member of the PACK.

The forms that **need** to be turned in are as follows:

**Full & One Day Registration**            Must be post marked no later than **October 1<sup>st</sup>**

**Medical Form**                                Each member must turn one in by the **time of IPACK**

All forms and checks should be mailed **on time** to:

**Pennsylvania Kiwanis District Office  
Attention: InterPACK Registration  
2793 Old Post Road; Ste. 12  
Harrisburg, PA 17110-3683**

**\*\*All checks must be made out to PA Circle K \*\***

If you have any questions please do not hesitate to email me, otherwise see everyone October 22<sup>nd</sup>!

Sincerely,

Jeff Herman  
Special Events Chair